

SECONDARY

NOVEMBER 2025

FRUITVALE

A Grab N' Go, Chef Salad, and choice of milk will be offered every day.

FUN FACTS

Only male turkeys make the well-known "gobble, gobble" sound.

Benjamin Franklin wanted the turkey to be the national bird.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mac & Cheese Bowls Garlic Knot Roasted Vegetables Garden Fresh Salad Bar Fruit Cup 3	Beef or Chicken Nachos Refried Beans Spanish Rice Homemade Salsa Garden Fresh Salad Bar Orange Smiles 4	Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Green Beans Garden Fresh Salad Bar Fruit Cup 5	Chicken Alfredo with Garlic Bread or Choice of Pizza Seasoned Vegetables Garden Fresh Salad Bar Fruit Dessert 6	Specialty Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 7
Asian Bowl with Fried Rice or Popcorn Chicken with Fried Rice Seasoned Vegetables Garden Fresh Salad Bar Fruit Salad 10	Soft or Crispy Tacos Pinto Beans Spanish Rice Homemade Salsa Shredded Lettuce Chopped Tomatoes Fruit Cup 11	Chicken & Waffles or Chicken Strips with Hot Roll Mashed Potatoes Steamed Vegetables Garden Fresh Salad Bar Berries & Cream 12	Chicken Spaghetti with Breadstick or Choice of Pizza Green Beans Garden Fresh Salad Bar Strawberry Apple Sauce 13	Chili Dog or Cheese Burger Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit 14
Big Grilled Cheese or Macaroni & Cheese Choice of Chips Steamed Broccoli Garden Fresh Salad Bar Fruit 17	Quesadillas or Crispito Spanish Rice Pinto Beans Homemade Salsa Garden Fresh Salad Bar Fruit Cup 18	Country Bowl or Country Bucket Hot Roll Steamed Vegetables Garden Fresh Salad Bar Fruit Cup 19	Thanksgiving Meal! 20	Grab & Go Sack Lunch!  21

An option of cereal, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 11/3 & 11/17	Pancake Wrap	Eggs with Sausage & Toast	Biscuits & Gravy	Breakfast Pizza	Yogurt Parfait & Grahams
WEEK OF 11/10	Pig in a Blanket	Eggs & Bacon with Toast	Breakfast on Bun	Breakfast Tacos	Banana Bread