

# SECONDARY

# DECEMBER 2025

A choice of milk will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage Dog or Cheese Sticks Warm Winter Soup Seasoned Vegetables Garden Fresh Salad Bar Fluffy Fruit Salad <sup>1</sup>	Beef or Chicken Nachos Refried Beans Spanish Rice Homemade Salsa Garden Fresh Salad Bar Orange Smiles <sup>2</sup>	Steak Fingers or Chicken Nuggets Hot Roll Mashed Potatoes Roasted Vegetables Garden Fresh Salad Bar Peach Crisp <sup>3</sup>	Chicken Parmesan with Garlic Bread or Choice of Pizza Steamed Vegetables Garden Fresh Salad Bar Fruit Cup <sup>4</sup>	Bacon Cheese Burger or Corn Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit <sup>5</sup>
Asian Bowl or Popcorn Chicken with Fried Rice Seasoned Vegetables Garden Fresh Salad Bar Fruit Salad <sup>8</sup>	Soft or Crispy Tacos Shredded Lettuce Chopped Tomatoes Pinto Beans Spanish Rice Homemade Salsa Fruit Cup <sup>9</sup>	Homemade Smothered Steaks or Chicken Strips Hot Roll Mashed Potatoes Steamed Vegetables Garden Fresh Salad Bar Fruit Cup <sup>10</sup>	Ravioli in Marinara Sauce with Breadstick or Choice of Pizza Seasoned Vegetables Garden Fresh Salad Bar Fruit Dessert <sup>11</sup>	Chicken Sandwich or Chili Dog Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit <sup>12</sup>
Stuffed Baked Potato with Hot Roll or Cheese Sticks Warm Winter Soup Steamed Broccoli Garden Fresh Salad Bar Fruit Medley <sup>15</sup>	Enchirito or Crisпитos Pinto Beans Spanish Rice Homemade Salsa Garden Fresh Salad Bar Fruit Cup <sup>16</sup>	Chicken Drumsticks or Boneless Wings Hot Roll Mashed Potatoes Seasoned Vegetables Garden Fresh Salad Bar Berries & Cream <sup>17</sup>	Spaghetti with Meat Sauce and Garlic Toast or Choice of Pizza Seasoned Corn Garden Fresh Salad Bar Fruit Cup <sup>18</sup>	BBQ Sub or Chicken Sandwich Basket with Fries Lettuce & Pickles Sliced Tomatoes Fresh Baked Cookie Fresh Fruit <sup>19</sup>

## Winter is Cold & Flu Season

Eating Fruits and Vegetables high in Vitamin C Helps your body fight back!  
Oranges, Strawberries, Pineapple, Broccoli, Cauliflower and Romaine Lettuce are GREAT sources for Vitamin C. Stock up!



Who delivers Christmas presents to dogs and cats?  
Santa Paws

How tall is Santa Claus?  
About 6-7



A choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 12/1 & 12/15	Breakfast Pizza	Eggs & Bacon with Toast	Pig in a Blanket	Biscuits & Gravy	Pancake Wrap
WEEK OF 12/8	Waffles	Eggs with Sausage & Toast	Breakfast on Bun	Banana Bread	Breakfast Taco