

A Grab N' Go, Chef Salad, and choice of milk will be offered every day.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|--|
| <div>LABOR DAY</div> <div>No School</div> <div>1</div> | <div>Beef or Chicken Nachos</div> <div>Refried Beans</div> <div>Tossed Salad</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Orange Smiles</div> <div>2</div> | <div>Steak Fingers or Chicken Nuggets</div> <div>Hot Roll</div> <div>Mashed Potatoes</div> <div>Roasted Vegetables</div> <div>Peach Crisp</div> <div>3</div> | <div>Chicken Parmesan with Garlic Bread or Choice of Pizza</div> <div>Steamed Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Cup</div> <div>4</div> | <div>Bacon Cheese Burger or Corn Dog Basket with Fries</div> <div>Lettuce & Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>5</div> |
| <div>Asian Bowl with Fried Rice or Popcorn Chicken</div> <div>Seasoned Vegetables Glazed Carrots</div> <div>Fruit Salad</div> <div>8</div> | <div>Soft or Crispy Tacos</div> <div>Shredded Lettuce</div> <div>Chopped Tomatoes</div> <div>Pinto Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Fruit Cup</div> <div>9</div> | <div>Homemade Smothered Steaks or Chicken Strips</div> <div>Hot Roll</div> <div>Mashed Potatoes</div> <div>Steamed Vegetables</div> <div>Fruit Cup</div> <div>10</div> | <div>Ravioli in Marinara Sauce with Breadstick or Choice of Pizza</div> <div>Seasoned Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Dessert</div> <div>11</div> | <div>Chicken Sandwich or Chili Dog Basket with Fries</div> <div>Lettuce & Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>12</div> |
| <div>Big Grilled Cheese or Macaroni & Cheese</div> <div>Choice of chips</div> <div>Steamed Broccoli</div> <div>Carrot Dippers</div> <div>Fruit</div> <div>15</div> | <div>Enrolladas or Crisпитos Pinto Beans</div> <div>Cucumber Salad</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Fruit Cup</div> <div>16</div> | <div>Chicken Drumsticks or Boneless Wings with Hot Roll</div> <div>Mashed Potatoes</div> <div>Seasoned Vegetables Berries & Cream</div> <div>17</div> | <div>Spaghetti with Meat Sauce & Garlic Toast</div> <div>Steamed Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Cup</div> <div>18</div> | <div>BBQ Sub or Chicken Sandwich Basket with Fries</div> <div>Lettuce, Pickles and Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>19</div> |
| <div>Mac & Cheese Bowls</div> <div>Garlic Knot</div> <div>Roasted Vegetables</div> <div>Carrot Dippers</div> <div>Fruit Cup</div> <div>22</div> | <div>Beef or Chicken Nachos</div> <div>Tossed Salad</div> <div>Refried Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Orange Smiles</div> <div>23</div> | <div>Steak Fingers or Chicken Nuggets with Hot Roll</div> <div>Mashed Potatoes</div> <div>Seasoned Green Beans</div> <div>Fruit Cup</div> <div>24</div> | <div>Chicken Alfredo with Garlic Bread or Choice of Pizza</div> <div>Garden Fresh Salad</div> <div>Seasoned Vegetables</div> <div>Fruit Dessert</div> <div>25</div> | <div>Specialty Burger or Corn Dog Basket with Fries</div> <div>Lettuce & Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>26</div> |
| <div>*Asian Bowl with Fried Rice or Popcorn Chicken</div> <div>Seasoned Vegetables Glazed Carrots</div> <div>Fruit Salad</div> <div>29</div> | <div>Soft or Crispy Tacos</div> <div>Pinto Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Shredded Lettuce Chopped Tomatoes</div> <div>Fruit Cup</div> <div>30</div> | | | |

An option of cereal, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

| BREAKFAST | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|------------------|---------------------------|------------------|-----------------|--------------------------|
| WEEK OF 9/1, 9/15 & 9/29 | Pancake Wrap | Eggs with Sausage & Toast | Breakfast on Bun | Breakfast Pizza | Yogurt Parfait & Grahams |
| WEEK OF 9/8 & 9/22 | Pig in a Blanket | Eggs & Bacon with Toast | Biscuits & Gravy | Breakfast Tacos | Banana Bread |

This institution is an equal opportunity provider.

Did You Know?

September is National Fruits and Veggies month!

Eating your fruits & veggies help you grow strong & keep you healthy.

