

SECONDARY

SEPTEMBER2025

FRUITVALE

A choice of milk, Grab N' Go, Chef Salads, will be offered every day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>LABOR DAY</div> <div>No School</div> <div>1</div>	<div>Beef or Chicken Nachos</div> <div>Refried Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Garden Fresh Salad with Toppings</div> <div>Orange Smiles</div> <div>2</div>	<div>Steak Fingers or Chicken Nuggets</div> <div>Hot Roll</div> <div>Mashed Potatoes</div> <div>Roasted Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Peach Crisp</div> <div>3</div>	<div>Chicken Parmesan with Garlic Bread or Choice of Pizza</div> <div>Steamed Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Cup</div> <div>4</div>	<div>Bacon Cheese Burger or Corn Dog Basket with Fries</div> <div>Lettuce &amp; Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>5</div>
<div>Asian Bowl with Fried Rice or Popcorn Chicken</div> <div>Seasoned Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Salad</div> <div>8</div>	<div>Soft or Crispy Tacos</div> <div>Shredded Lettuce</div> <div>Chopped Tomatoes</div> <div>Pinto Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Fruit Cup</div> <div>9</div>	<div>Homemade Smothered Steaks or Chicken Strips</div> <div>Hot Roll</div> <div>Mashed Potatoes</div> <div>Steamed Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Cup</div> <div>10</div>	<div>Ravioli in Marinara Sauce with Breadstick or Choice of Pizza</div> <div>Seasoned Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Dessert</div> <div>11</div>	<div>Chicken Sandwich or Chili Dog Basket with Fries</div> <div>Lettuce &amp; Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>12</div>
<div>Big Grilled Cheese or Macaroni &amp; Cheese</div> <div>Choice of Chips</div> <div>Steamed Broccoli</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit</div> <div>15</div>	<div>Enrolladas or Crisпитos</div> <div>Pinto Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Cup</div> <div>16</div>	<div>Chicken Drumsticks or Boneless Wings with Hot Roll</div> <div>Mashed Potatoes</div> <div>Seasoned Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Berries &amp; Cream</div> <div>17</div>	<div>Spaghetti with Meat Sauce &amp; Garlic Toast</div> <div>Steamed Vegetables</div> <div>Garden Fresh Salad</div> <div>Fruit Cup</div> <div>18</div>	<div>BBQ Sub or Chicken Sandwich Basket with Fries</div> <div>Lettuce, Pickles and Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>19</div>
<div>Mac &amp; Cheese Bowls</div> <div>Garlic Knot</div> <div>Roasted Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Cup</div> <div>22</div>	<div>Beef or Chicken Nachos</div> <div>Refried Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Garden Fresh Salad with Toppings</div> <div>Orange Smiles</div> <div>23</div>	<div>Steak Fingers or Chicken Nuggets with Hot Roll</div> <div>Mashed Potatoes</div> <div>Green Beans</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Cup</div> <div>24</div>	<div>Chicken Alfredo with Garlic Bread or Choice of Pizza</div> <div>Garden Fresh Salad</div> <div>Seasoned Vegetables</div> <div>Fruit Dessert</div> <div>25</div>	<div>Specialty Burger or Corn Dog Basket with Fries</div> <div>Lettuce &amp; Pickles</div> <div>Sliced Tomatoes</div> <div>Fresh Baked Cookie</div> <div>Fresh Fruit</div> <div>26</div>
<div>*Asian Bowl with Fried Rice or Popcorn Chicken</div> <div>Seasoned Vegetables</div> <div>Garden Fresh Salad with Toppings</div> <div>Fruit Salad</div> <div>29</div>	<div>Soft or Crispy Tacos</div> <div>Pinto Beans</div> <div>Spanish Rice</div> <div>Homemade Salsa</div> <div>Shredded Lettuce</div> <div>Chopped Tomatoes</div> <div>Fruit Cup</div> <div>30</div>			

An option of cereal, fresh fruit or fruit cup, and a choice of juice and milk are also offered every day.

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK OF 9/1, 9/15 & 9/29	Pancake Wrap	<del>Eggs with Sausage &amp; Toast</del>	Breakfast on Bun	Breakfast Pizza	Yogurt Parfait & Grahams
WEEK OF 9/8 & 9/22	Pig in a Blanket	Eggs & Bacon with Toast	Biscuits & Gravy	Breakfast Tacos	Banana Bread

Did You Know?

September is National Fruits and Veggies month!

Eating your fruits & veggies help you grow strong & keep you healthy.

This institution is an equal opportunity provider.